



Trek Tripe

The Newsletter of the Flying Doctor Outback Car Trek

Issue 22nd October 2015

TREK 2015 – THE NUMBERS ARE IN

The final figure for Trek 2015 is **\$1,308,270.72**

A wonderful result by any measure whatsoever and **HUGE** congratulations to every single Trekker, plus the wider network of your families, donors and sponsors.

This brings the cumulative total of funds raised by the Trek for the past 26 years to

\$24,148,409

That's a lot of money and at today's prices is enough to purchase more than 3 brand new aircraft for the RFDS. The people of rural and remote Australia are grateful for your efforts and generosity.

Congratulations once again.



The Outback Car Trek
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WHAT DOES THE MONEY GET SPENT ON

All donations raised by the Trek are dedicated to Capital Expenditure items. The only exception to this was an agreement whereby for 3 years (2012/13/14) a percentage of the funds were used to help get the TOOTH Programme off the ground (pardon the pun). Over that 3 year period the Trek donated more than \$1,000,000 to The Outback Oral Treatment Health Programme.

In 2015 all donations raised were again used to fund CAPEX. The RFDS will provide a list of equipment purchased with your donations during the past 12 months for publication in an upcoming newsletter.

TOP FUNDRAISERS FOR 2015

The only competition involved in the Trek is the race to see who can raise the most money for the RFDS and the following tables show the top 10 individual cars, and the top 5 teams.

The top 10 individual cars are:

<u>Car #</u>	<u>Crew members</u>	<u>TOTAL FUNDS RAISED</u>
888	David Hicks, Phil Lamplough	\$ 152,892
T1	Bill Patrick, Mike Browne	\$ 68,400
327	Neville Simpson, Maurie Smith	\$ 49,375
55	Mike Neil. Geoff Vaughan	\$ 45,250
15	Grant Hodgetts, Simon Taylor	\$ 37,772
CX240	Carl Seaver, Peter Brereton	\$ 37,659
16	Mike Wheatley, Digby Warren	\$ 37,500
42	Fred Ayoub, John Slender	\$ 24,888
25	Tim Kierath, Jihn Millyard	\$ 24,597
1869	Bob Barbour, Greg Hunter, Tom Barbour	\$ 18,100
150	James Meyer, Paul Mitchell	\$ 17,842

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1. Once again at the head of the field is car 888, Captained by David Hicks with the continued support of Phil Lamplough. These two gentlemen have been the leading fundraising car for several years, and this year they did it again with a donation total of **\$152,892**. Congratulations and well done David & Phil.
2. Neville Simpson and Maurie Smith have been on more Treks than most people have had hot dinners, and have often come along in the role of sweeps. This year in their trusty EH Station Wagon they have raised **\$49,375**. Well done!
3. Mike Neil & Geoff Vaughan are no strangers to the Top Ten list, and this year have taken out third spot again. They also sponsored a support vehicle to the event, and from what I hear the support crew may well be back next year in a Trek car – a great result for the Doctor. Thanks again for all your support Mike & Geoff, and congratulations on a sensational **\$45,250** raised.
4. Hailing from south of the border and in a brand new car (to them), Grant Hodgetts and Simon Taylor screamed up the list this year, slipping into 4th spot by the tiniest of margins with **\$37,772** in donations raised. Well done guys and rest assured that the RFDS Victoria & WA will put the fruits of your labour to very good use.
5. Car CX240 had some mechanical problems very early in the week but that didn't stop Carl Seaver & Peter Brereton completing the Trek and taking out 5th spot in the fundraising stakes with **\$37,659** raised. Carl spent the months between Treks training as a barista, and put his new found skills to good use along the way by providing the most wonderful cups of coffee from the Team CX mobile coffee station. Great initiative Carl.



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6. Car #16 is superbly piloted each year by twenty-six Trek Veteran Mike Wheatley (that's right – 26 Treks), and is another consistent Top Ten finisher. Helped again this year by Digby Warren of Journey Masters fame, car 16 raised **\$37,500** for the RFDS. Thanks gents – love your work.
7. Fred Ayoub and John Slender spent an enormous amount of time this year making sure that their 1958 Ford Mainline Ute was immaculately turned out. In their spare time they turned their hand to some pretty handy fundraising efforts to take out 7th spot with **\$24,888**. Well done John & Fred!
8. John Millyard and Tim Kierath once more placed car #25 in the Top Ten list with the help of their sponsor Hoselink, and raised **\$24,597** for the RFDS. They've been great mates for many years, and it shows. Well done and thank you Tim & John.
9. Way back in 1869 the stag head was picked as the brand symbol for then new brewer Tooheys, and today Trek car #1869 proudly carries the stag head around Australia in support of the RFDS. The Tooheys/Lion Co car is a constant Top Tenner and this year was no different with a fantastic **\$18,100** raised by Bob Barbour & his band of merry helpers. Congratulations to all concerned!
10. David Meyer hails from Adelaide, and came along on his first Trek a few short years ago as part of Team Cobber, from the Sunraysia district. David enjoyed Trekking so much that he bought his own car (long story there) and convinced 2 sons to come along and help him raise money for the Flying Doctor. Now veterans, the Meyer boys gained entry into the Top Ten this year with a wonderful donation of **\$17,842**. Congratulations and a big thank you to all concerned.

The Rookie Of The Year, awarded to the top ranked Virgin Car is:

Car 78, the XC Ford Fairmont entered by Richard Lennox, Don Mckenzie and Jim Galvin with a donations total of \$12,600, a great effort for their first year. Well done gentlemen!





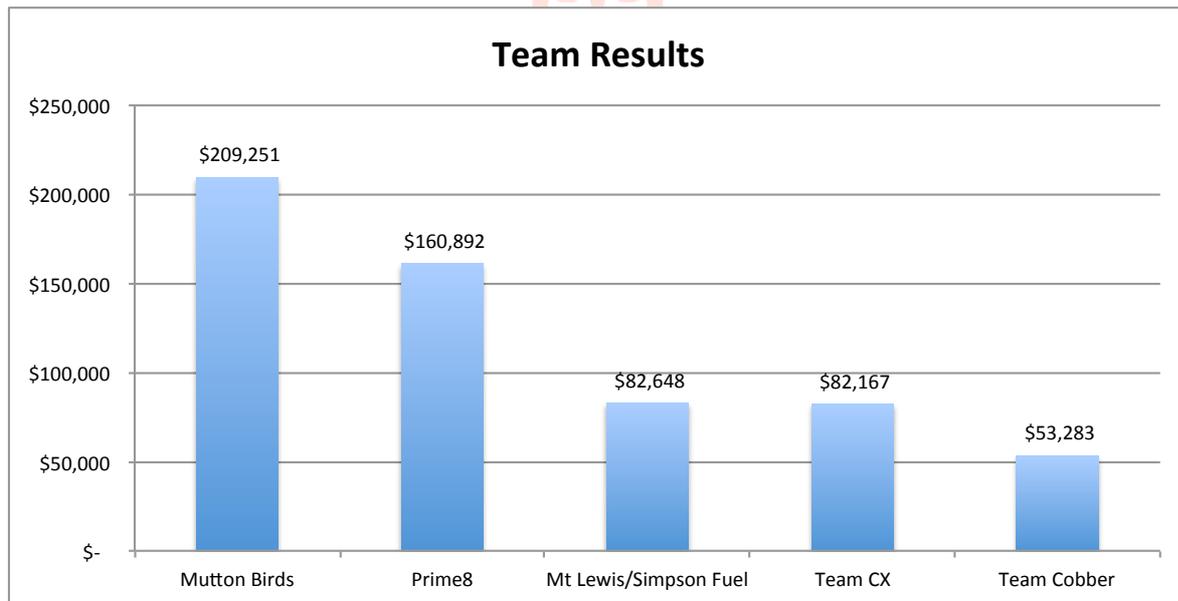
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The top 5 teams are:

Mutton Birds	Cars 14, 15, 16, 17, 18, 20, 55, 1515, 2020, X15, X16, X17, X18, X55	\$ 209,251
Prime8	Cars 888, 8888	\$ 160,892
Mt Lewis/Simpson Fuel	Cars 42, 327	\$ 82,648
Team CX	Cars CX 111, CX222, CX240, CX333, CX444, XBT50	\$ 82,167
Team Cobber	Cars V8, 150, 24/7, 1100, X150	\$ 53,283



Included in the totals for cars and teams are the value of any goods or services that a car donated to the auction. (Not the car that bought the item, but the car that donated the item.)



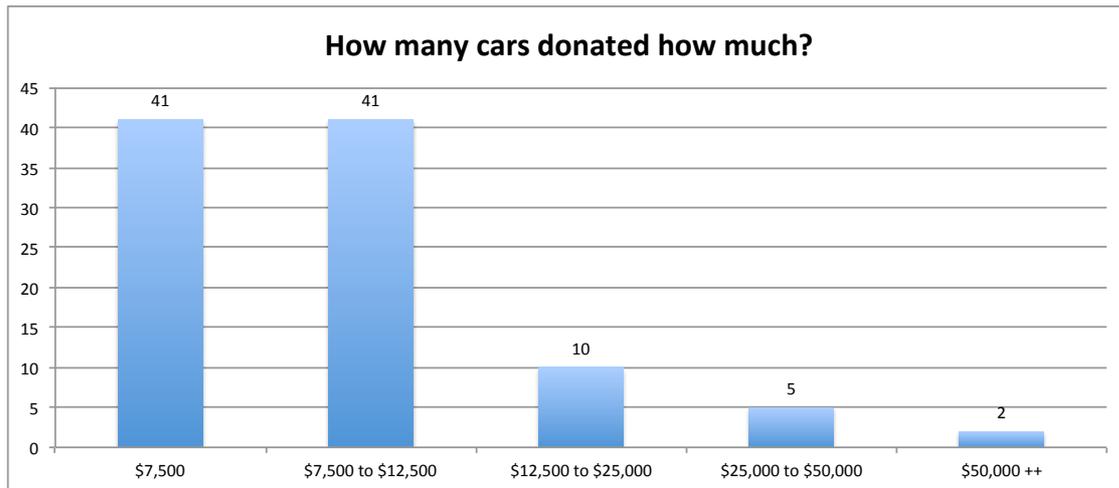
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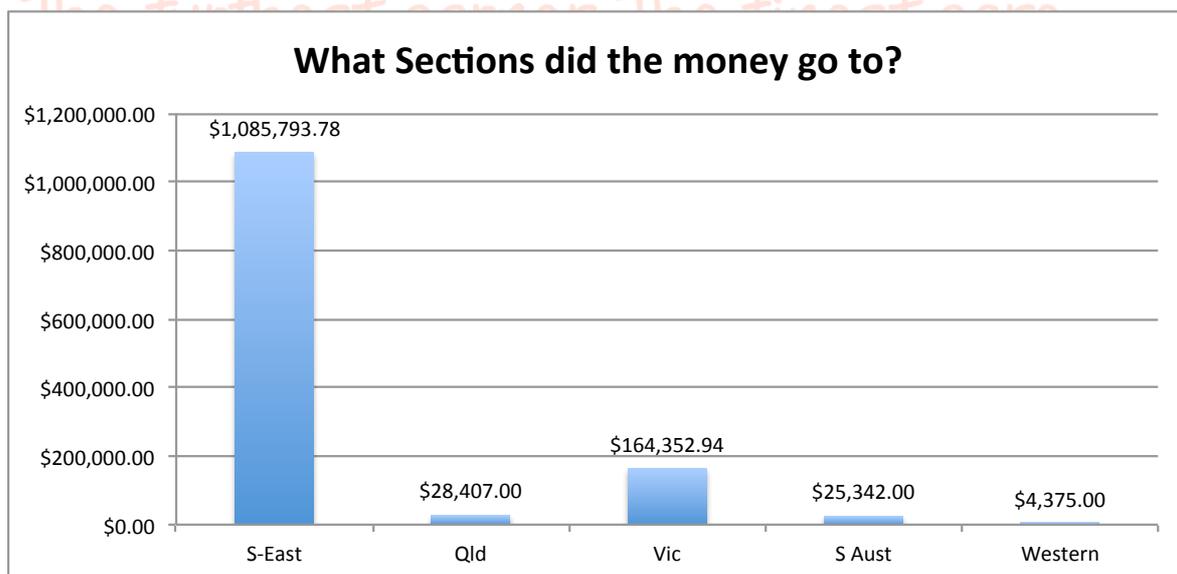
How Many Cars Donated How Much?

A common question from participants is “I know how much I raised, but how much did the other cars raise”? The donation brackets per car are shown in the graph below.



WHAT SECTIONS DID THE MONEY GO TO?

The money goes back to the operating section of the RFDS that the cars come from. In other words, a donation from a Victorian car goes to Victoria, Adelaide to South Australia, King Island to Tasmania, and so on.



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THE 2016 TREK

ENTRIES: So far we have almost 50 people registered for the 2016 Trek. The entry form for the 2016 Trek is up on the website for you to download, and has also been emailed to everybody on the newsletter mail group.

If you want to download the entry form from the web the link to hit on is:

<http://www.outbackcartrek.com.au/component/content/article/4.html>

Alternately you can go to www.outbackcartrek.com.au and click on the "how to enter" tab on the road sign on the left hand side of the web page.

Or ring me up and ask me to mail you a copy ☺

PORT DOUGLAS:

N.B. The Sheraton people are donating back to the RFDS 10% of all accommodation bookings!

Room bookings can be done over the web using a dedicated Sheraton/Trek web page. Get in early, some room types are in danger of being booked out early.

<https://www.starwoodmeeting.com/Book/Theoutbackcartrekgaladinner>

Make sure you take advantage of our group booking discount, the negotiated rates are:

Room Type	Room Rate Only
Mirage Resort Room	\$255.00
Lagoon Room	\$310.00
Mirage Studio Suite	\$410.00
Breakfast is a full buffet breakfast, served in the Lagoon Restaurant. Breakfast is \$25 per person, reduced from \$39 for our group.	
The management of the Sheraton Port Douglas have announced that 10% of all accommodation booked as a result of our event will be donated to the RFDS!!!	

Please make every effort to stay at the Sheraton. It's a great spot, and has recently undergone a major renovation just in time for our arrival.

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WANT SOMEWHERE TO SLEEP IN WINTON?

Leisa Fraser contacted me a couple of weeks ago with information about her new business in Winton:

Just letting you know we are establishing our business and have accommodation available on the evening of the 7th June 2016. It is budget accommodation with single, twin and queen air-conditioned rooms they are not ensuited but there are adequate clean showers and toilet facilities and a laundry on site and two self-cater kitchens and an outdoor bbq area.

If you require any further information please do not hesitate to contact me on 0408 753 362.

Kind Regards

*Leisa Fraser
Business Manager
Qantilda Quarters
P O Box 371
Winton QLD 4735
Phone: 0408 753 362
Email: Qantilda.quarters@hotmail.com*



“THE TRIP TO THE TIP”

The furthest corner. The finest care.

You are in very real danger of missing out if you don't get in soon. It is a limited numbers event for obvious reasons, so please don't dilly-dally. There will be lots of river crossings, a few nights bush camping and fishing galore. We have engaged professional 4x4 tour guides to make sure we all get there, and YES we will travel a fair part of the way on the Old Telegraph Track.

Print off the TTTT entry form from the web to get the day-by-day route description, it is going to be a cracker.

Whilst at Cape York I would strongly recommend you travel across to Thursday Island for a day or three. There is much to see and do; it really is an island paradise. The people from Peddells Ferry and Thursday Island Tours seem to be the folks to contact if you want more info on what to see and do. You can contact them on 07 4069 1551 or www.peddellsferry.com.au

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START LINE FOR TTTT

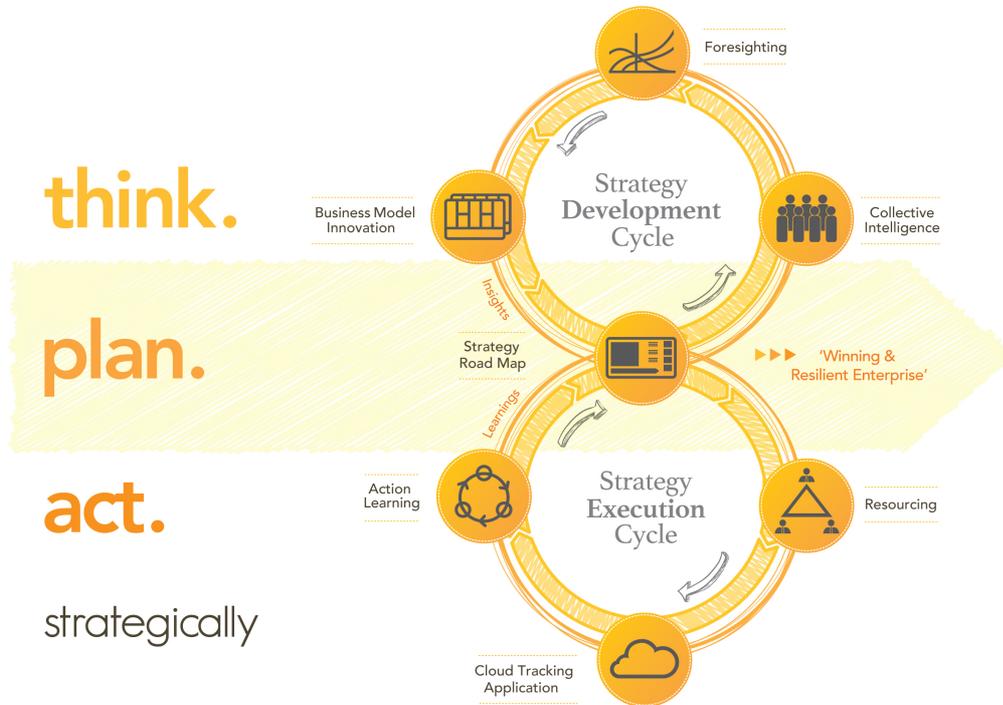
I have had a couple of people ask about the start line for TTTT, in regards to where they should be staying between the Trek and TTTT. There will be pre-dinner drinks and a drivers briefing on the Monday evening June 13th, and this will be held in Port Douglas at a place tba, **NOT** Cairns as previously advertised. The start on the Tuesday morning will also be in Port Douglas, not Cairns.

TREK & RFDS PLANNING MEETING

We held a day-long planning workshop earlier this week with representatives from the RFDS Queensland, South-Eastern and Victorian Sections, as well as the RFDS National office. Hosted by Hong Kong based Rob Blain at the CBRE offices in George St Sydney the Trek was represented by people from Qld, NSW & Victoria. Plus Rob from Hong Kong.

The day was facilitated by Kevin Nuttall from Waterfield, a focused strategy execution company, who provided his services at no charge. Thank you Kevin.

Lots of exciting ideas and plans came out of the day – watch this space.



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CEVA

The booking form for CEVA is located later in this newsletter. Get your booking in early.

TREK 2016 MEDIA PROGRAMME

Everybody agrees that we need help raising the profile of the Trek in the community, however I am still waiting to hear from any Trekkers who would like to generate some interest in their local community via press/media coverage.

This is a good way to generate interest in your local area, and reward your sponsors with a plug at the same time. Plus of course it helps people become more aware of the Trek, and the good work the Trek does for people in not only the bush, but also right across Australia.

If you are going to enter a car or have a fundraiser coming up in the next 6 months, or if you simply want to tell your story to your local community, drop me a line and we will get the ball rolling. The RFDS have talented people who can wordsmith your story; we simply need your input.

TEAM CX SHOW DAY

The indefatigable guys and gals from Team CX are at it again – this time it's their yearly display at the Warringah Bowls Club's annual community day, **this Sunday 25th October**.

Located at 82 Bradley's Head Rd Mosman the day is always a lot of fun, and always raises a lot of money for the RFDS.

To help add some colour and excitement to the day, Peter Dooley and his team would love as many Trekkers as possible show off their Trek cars. If you are able to take your car along for the day give Peter a call on 0438 747 032.

EMAIL ADDRESSES

We maintain an group mailing list of people who have been on any of the past 5 Treks, plus interested parties, key stakeholders and some sponsors who have requested to be kept abreast of Trek happening. HOWEVER – we have around 100 names on our list without a current email address. Please check with your car occupants to see if they are getting the newsletter – if not it's because we don't have an email address for them, or it is out of date. Ask them to drop me an email so I can keep our records up to date.

TREK CARS FOR SALE

We want to get an up to date Trek Classifieds published. Please let me know if your car is still for sale, or if you are looking for a car. On the following pages are details of the cars that I currently have listed for sale.

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VETERAN LOOKING FOR A CO-DRIVER

Hi Bill

I am looking to do the trek 2016 and I am also looking for a co-driver/partner. After next year's trek I will put the car on the market. However if there is anyone interested in taking over the car and me for this trek I would be in that also.

Not sure how to translate that to trek tripe but the main focus is to find a partner for this coming Trek.

Barry Parks

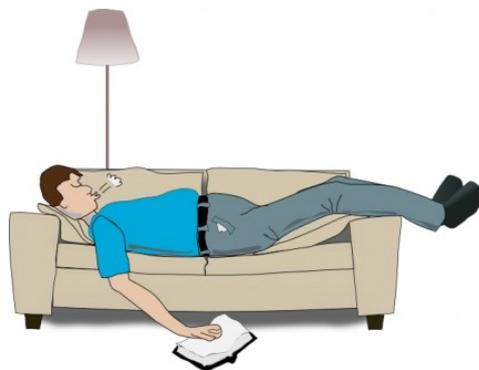
0425 275 097 or bpparks@tpg.com.au



AND REMEMBER

Royal Flying Doctor Service

ONLY **225** MORE SLEEPS !!



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THE 2016 FLYING DOCTOR OUTBACK CAR TREK CEVA CAR CARRYING – BOOKING SHEET SATURDAY AFTERNOON JUNE 11TH 2016

DO NOT RETURN THIS FORM TO THE TREK OFFICE

EMAIL TO emma.wallace@cevalogistics.com

FAX TO 08 8347 2085 PHONE 08 8348 5860

Consignors Name _____

Consignors Contact M _____ W _____

Destination Depot _____

FROM	TO	Per Car
Port Douglas	Sydney	\$ 990
	Melbourne	\$1,530
	Brisbane	\$1,100

These prices **exclude** GST and any fuel surcharge that might apply in June, and are for vehicles within the following maximum dimensions:
L 5.2m, W 1.9m, H 2.1m.

Prices for over height vehicles on application to Emma Wallace, contact details above.

PLEASE NOTE:

- Flammable liquids and Dangerous Goods will not be moved with the vehicle.
- The front seats of the vehicle must be empty of personal effects and spare parts so the driver has complete access and complete vision.

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Vehicle Rego: _____ Trek Number: _____

Vehicle Make: _____ Vehicle Model: _____

Does the vehicle have any attachments to the roof: **YES** **NO**

If yes, please specify attachments and height: _____



PAYMENT DETAILS

Card Type: _____

Card Number: _____

Expiry Date: _____

Cardholder Name & Signature: _____

NB: All CEVA depots are open Monday to Friday 8am to 4pm

CEVA USE:

Booking Number:

Confirmation Sent (Date and Forum):

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TREK ICON FOR SALE

Howard Dredge is one of only 2 people to have participated in each of the first 26 Treks.

As such Car 8 is an iconic piece of Trek history.

Howard has decided to sell Car 8 and allow somebody else to write his or her own piece of Trek history.

THE CAR COMES FULLY PREPARED AND WITH ALL ENTRY COSTS INTO THE 2015 TREK PAID UP.



CAR 8 is a 1961 Mercedes Benz, 220S sedan, Reg. MAI929. With modifications.

- The current owner purchased car 8 in 1988 from a Reverend in Cessnock as part of the deceased estate of a little old lady who used it to drive to church on Sundays.
- It then did two other events before participating in the inaugural Trek in 1990 and every Trek since.
- Frank Kleinig resurrected and injected new life into the then ailing Merc in the late 1990's
- Car 8 has been strengthened and modified to Trek standard, it includes, disc brakes all around, roll cage and full harness seatbelts etc.
- Daniel Kleinig has prepared the car for the past several years and he is currently prepping it to be Trek ready for the next Trek – that is Narrabri to Port Douglas.
- It is ready to roll.
- It currently has a 280 Merc engine which has plenty of life left in it, having been well maintained in recent years.
- It comes with spares of all sorts too numerous to mention including a spare 250 engine. And kitchen sink.
- And the car carries most parts for running emergency maintenance with a comprehensive list.

Contact Howard Dredge on 0412 241 148 and be pleasantly surprised by the investment required!

CAR 8 IS FULLY PAID UP WITH ALL ENTRY COSTS, 2 x MEAL & DISBURSEMENT FEES AND ALL DONATIONS INTO THE 2016 NARRABRI – PORT DOUGLAS TREK.

Adds a whole new dimension to the words – “drive away no more to pay”.



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FOR SALE – TREK CAR 37

AND IT COMES ALREADY ENTERED FOR 2 PEOPLE INTO THE 2016 TREK!

- 1966 Ford Galaxie 351 Windsor V8, silver colour
- 3 speed automatic
- registered Qld Club plates
- full roll cage
- completely rewired, Brantz distance measuring system
- Mag wheels with 4 spare mag wheels
- American Captains chairs
- on board fire extinguishing system
- limited slip differentials, disc brakes all around
- twin fuel tanks (160 litres)
- air conditioning
- 1 UHF radio
- heavy duty suspension and power steering
- numerous spare parts

SOLD!

Purpose built for trekking and ***maintained at no expense spared.***

\$25,000 ONO includes entry, donations, for 2 people into the 2016 Trek.

Phone Syd Howard 0148 441 899 or Ian Maudsley 0417 240 101

SOLD!



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Car 9/9 is for sale – I'm building another one.

The car was a ground up build from a 1970 HT 3 speed column shift acquired from an 84 year old lady who could no longer drive. It had plenty of dents but little rust as it spends most of its life in a garage - as it still does.

All of the work on the car was professionally done, with the exception of the 100s of hours that Rahul and I put into stripping and reassembling etc.

The car is set up for four bucket seats although only 2 are installed. The motor was rebuilt to a 192, has extractors and electronic ignition. It will exceed 150kms on the Garmin 276 GPS, which has a speedo and two trip meters on the screen and if you get lost it is still one of the best GPS units to travel with in the outback. It runs as well on the dirt as it does on the tar.

The suspension and diff housing are strengthened; it has a full Bond roll cage, twin fuel tanks, the second tank in the boot floor well with a 55 litre capacity. It has over 600K range on the dirt. Gearbox is a Supra 5 speed box, the diff is a VL Commodore. It has Commodore S seats with the driver's seat being electrically adjustable. Has a taco and leather sports steering wheel, 6 point full harness seat belts.

Spares include clutch with bearings, wheel bearings, stub axles, upper control arms, axles, bulbs, nuts and bolts.

It has 6 wheels, 3 brand new, 2 with Fords Bridge to Sydney Km and one 60%?? Toyo Open Country Off Road Tyres.

The car was given a full service after we returned from the 2015 Trek.

According to Phil Wickham, who has worked on the car, you could not build as strong a car for less than \$60k. If we had paid for the panel beating and spray painting it would have cost more than \$50k in 2003/2004.

If anyone is interested they can inspect/drive the car at Hornsby and negotiate a price.

John Afford 0418 228 255



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Car 54 is for sale and must go – her replacement is almost finished!



1971 280SE

- 450 Mercedes Engine with K Jetronic fuel Injection
- 3 Speed Automatic Merc gearbox for cruising
- 6.3 LSD Differential
- 15" Alloy Wheels
- 110 litre Inboard fuel tank
- Radio and Terra Trip
- Racing harnesses

Great strong Car that only the driver can break
Comes all ready to go on next year's Trek.
Spares included - **\$15,000 ONO**
Contact Graeme Pratt 0414461995

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I need to sell my baby. (I bought another one).

1963 Ford Fairlane

302 V8 with new custom filtered extractors, race seats, 5 point harnesses, 6x off-road wheels/tyres, CB radio, Trip meter,

Spare windscreen, Radiator, Shocks and more.

Full roll cage, Air conditioning, 150 litre fuel tank, Ford F 100 9" differential.

This car has been built to a very strong standard by the maestro himself - Chubby Welsh - and will withstand any inspection.

NSW registered till April 2016

\$ 9,000

Contact: Greg 0404 402 802 or 02 99991322

Email: didreception@doubleimpact.com.au



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WILLO's UTE

WB 1978

6 cylinder 202 motor, 5 Speed TF gearbox

Commodore Diff. Discs all round. Bull bar, roll cage, radio, lights, trip meter,

Contact Willo on 0429 905 834

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Peugeot 504 - Urgent Sale \$10,000

This car is ready for the next Trek. It has had everything necessary done to it to make it a winner!

- Bull bar
- Roll cage
- Rally seats and harness belts
- Motor rebuilt 15000kms ago
- 6 x 15 inch wheels with near new tyres
- Kings Springs, Brillstein Shocks
- Independent coil springs all round, very smooth on rough roads
- Full bash plate
- Limited slip diff
- Disc brakes all round
- Long range tank, 1,200kms plus range
- Onboard air compressor and tank. Will run air tools etc
- Roof rack with train horns and revolving light
- Momo leather steering wheel
- 5 speed gearbox
- Brantz rally meter
- Large storage box in back seat area
- UHF radio
- Bluetooth car stereo
- Air conditioner



Call me for more info if you need it. **Alan Jones** 0414 241 751

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Due to changing health conditions I have decided(not easy) to sell car 3, could you please list attached information in next Trek Tripe:

FOR SALE 1970 HOLDEN HT - Car #3

- 350 Chev
- 5 speed twin turbo Supra Gearbox
- Ford 9 inch LSD Diff
- 4 wheel disc brakes
- 120 litre fuel tank
- Fully welded roll bar
- Strengthened and heavy duty suspension
- 6 wheels
- UHF and Brantz
- many spares
- Ready to go this year
- Built and Maintained by Bargwana of Como



\$19,000 Contact Malcolm Edwards 0418 511 911

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HI TORQUE CUSTOM BUILT FORD ENGINE FOR SALE

If you are looking to rejuvenate your Ford consider this motor ex car 101

Custom built and designed in USA by Sean Hyland (the number 1 mustang engine builder in USA) with all top quality parts - to suit the special conditions experienced on the trek

- Windsor block, stroked to 347 CI keeping it a lot lighter than the 351 block
- Compression a mid point 9.7 to cope with varying octane fuels
- GT40X alloy heads
- Duel plane intake manifold
- Large valves (1.94 and 1.54)
- Custom cam(224 duration with .552 lift) with hydraulic rollers
- 3.4 forged steel crank
- 4.030 forged pistons
- Hi volume oil pump with titanium shaft
- Holly carb 650
- Billet distributor with full MSD ignition
- Twin pulley system

You may find a higher HP engine(we detuned this to raise torque) but this engine was designed for torque(to cope with mud /water/dust etc)

The dyno shows peak torque starts at 2500 revs as 460 ,and HP is 340 at 4500' Pulls from 1500rpm in 5th gear!

This engine was rebuilt for the 2014 trek and has just been fully checked again last month.

Over \$2000 just spent including a full head recondition with new pushrods, springs etc

It has powered car 101 (the NZ team) extremely well for several years as those in the front of the field will know. (The best exhaust note ever!)

Replacement cost over \$17,000, yours for a cheap \$5000, motor currently in NSW

Contact Mike Thompson +64 21 832 199

Or email at mike.thompson@vitaco.co.nz

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1968 HK STATION WAGON

- FULLY FITTED FOR TREK
- CB RADIO+TRIP METER
- REGO 2016
- SUSPENSION NEW
- FRONT END NEW
- BULL BAR NEW
- FRONT END REPAIRS \$7000
- HAVE RECEIPT FOR REPAIRS
- 5 SPEED CELICA GEARBOX
- GOOD RATIOS IN BOX FOR TREKKING
- 6 CYCLINDER
- FULL ROLL BARS
- NO RUST
- GAS +PETROL 900KM (NO REFILLING)
- DRIVES REALLY WELL
- JUST NEEDS A TIDY UP AND GOOD TO GO.



\$10,500

If you're interested – give me a call. I think talking about the car to explain all the recent repairs would be easier than typing out bullet points.

Shane Saunders.

0416 147 000.

Royal Flying
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